

# Client Activities Bulletin

August 2020 | Volume 10, Issue 4.1

This bulletin features activities for both our Lehigh Valley and Monroe County clients. While most of our August activities will be held by videoconferencing or phone, we will begin to resume a limited number of in-person activities. All activities that are not designated for specific groups are open to all clients.

## Large-Print Pullout Calendar

▶ **Pages 6-7**

Designed to be pulled apart and displayed

### Lehigh Valley Campus

845 West Wyoming St., Allentown, PA 18103

**610.433.6018**

### Monroe Campus

4215 Manor Drive, Stroudsburg, PA 18360

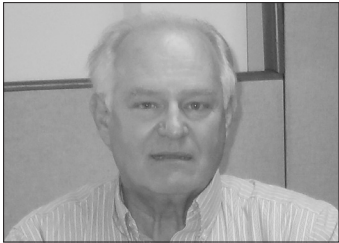
**570.992.7787**

## ► **Changes Due to COVID-19**

- Until further notice, **all entries to our facilities, including our stores, will be by appointment only** and all entrants must wear masks.
- Our **transport service is available with additional safety protocols in place** for all medical appointments, grocery deliveries, and pharmacy deliveries. We **cannot provide transport for COVID-19 testing**.
- When we call to confirm a ride, **we will ask you** if you have any COVID-19-related symptoms. If you have symptoms, then we cannot provide transport.
- **All clients and companions must wear masks** and must sit in the vehicle's middle or back row. Our **vehicles are cleaned thoroughly** after each transport.
- **All drivers must wear masks and may not work if they have COVID-19 symptoms**.
- **Failure to comply with these protocols** will result in cancellation of your ride.
- To **schedule a transport ride**, call 610.433.6018, Ext. 226, in the Lehigh Valley, and 570.992.7787, Ext. 224, in Monroe County.
- To **schedule a store visit**, call 610.433.6018, Ext. 224, in the Lehigh Valley, and 570.992.7787, Ext. 229, in Monroe County.

## ► What's Exciting

# Agency Applauds two Retiring Drivers for their Dedication



**Peter Carr**



**Fran Herman**

**Peter Carr and Fran Herman concluded their service in July.**

We offer our gratitude to Lehigh Valley transport service drivers Peter Carr and Fran Herman, who retired from their positions in July, for their dedication to our clients. We wish Peter and Fran the best in the next phases of their lives.

For many of our clients, our drivers are the face of our agency, their sole link to the world outside their homes, and the most consistent presence in their lives. In a number of cases, our drivers are friends, confidants, and honorary family members. It is easy to see, therefore, why our transport service achieved a 98% overall satisfaction rate in 2019 client surveys. Peter and Fran were identified specifically for praise by clients in several of these surveys.

# Agency Team Members Take on New Roles

The start of our new service year on July 1 presented opportunities for several of our team members to take on new roles.



**Ruth Weber**  
Finance and  
Personnel  
Manager



**Nancy Cobb**  
Operations  
Manager



**Rita Lang**  
Client Activities  
Manager



**Yvette Quintero**  
Lead Client  
Caseworker



**Teresa Pickett**  
Services  
Coordinator



**Lisa Metcalf**  
Monroe Transport  
Coordinator

## ▶ **Life Skills Education**

### **Beginner Braille Class**

Facilitated by Dianne Michels; consistent attendance is required

Dates and Times: **Mondays, August 3, 17, 24, 31;**  
**11 a.m.-12:30 p.m.**



### **Intermediate Braille Class**

Facilitated by Dianne Michels; consistent attendance is required

Dates and Times: **Thursdays, August 6, 20, and 27;**  
**11 a.m.-12:30 p.m.**



### **Tech Talk Sessions**

Date and Time: **Thursdays August 6, 13, 20, and 27;**  
**12:30-2 p.m.**

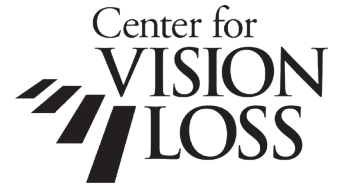
Virtual Link: **<https://zoom.us/j/91851158397>**

Call-in Information: **929.205.6099 ID: 91851158397**

▶ **Descriptions Continue on Page 8**

# August 2020

## Client Activity Calendar



Sunday	Monday	Tuesday	Wednesday
<b>2</b>	<b>3</b> Monroe Client Group 10-11:30	<b>4</b>	<b>5</b>
<b>9</b>	<b>10</b> Spanish Client Group 11-12:30	<b>11</b> Women's Chat Group 11-12:30	<b>12</b>
<b>16</b>	<b>17</b>	<b>18</b> Reduce Anxiety 1-2:30	<b>19</b> Get Up and Move! 1-2:30
<b>23</b>	<b>24</b>	<b>25</b> Casseroles 1-2:30	<b>26</b>
<b>30</b>	<b>31</b>		

# August 2020

## Client Activity Calendar

Thursday	Friday	Saturday
		1
<b>6</b> Lehigh Valley Clients 11-1	<b>7</b>	<b>8</b>
<b>13</b> Men's Group 10-11:30	<b>14</b>	<b>15</b>
<b>20</b> Crafters Corner 11-12:30	<b>21</b>	<b>22</b>
<b>27</b> Medicare Sally 10:30-1	<b>28</b>	<b>29</b>

### ► Weekly Activities

Beginner Braille Mondays except Aug. 10 11-12:30

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Intermediate Braille Thursdays except Aug. 13 11-12:30

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Tech Talk Thursdays 12:30-2

# ▶ Life Skills Education - Continued

## **Spotlight On Independence**

Facilitated by Dianne Michels; share your success stories

Date and Time: **Tuesday, August 4; 1-2:30 p.m.**

Call-in Number: **605.475.4860**

Access Code: **352206 then pound sign**

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## **Calm, Cool, and Collected: Ways to Reduce Anxiety**

Facilitated by Dianne Michels

Date and Time: **Tuesday, August 18; 1-2:30 p.m.**

Call in Number: **605.475.4860**

Access Code: **352206 then pound sign**

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## **Exploring the Basics of Medicare**

This presentation by Medicare Sally is organized by the Lehigh Valley Visionaries client group and the Monroe NuVisions client group and is open to all clients.

Medicare Sally is an advocate who helps people discover which Medicare supplemental plans are best for them.

Date and Time: **Thursday, August 27; 10:30 a.m.- 1 p.m.**

Call-in Number: **605.475.4860**

Access Code: **352206 followed by the pound sign**



# ▶ Peer Support Groups

## **Monroe Client Group**

Date and Time: **Monday, August 3; 10-11:30 a.m.**

Virtual Link: **<https://zoom.us/j/97620150638>**

Call-in Information: **929.205.6099 ID: 97620150658**

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## **Lehigh Valley Client Group**

Date and Time: **Thursday, August 6; 11 a.m.-  
12:30 p.m.**

Call-in Information: **605.475.4860 ID: 352206 then  
pound sign**

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## **Spanish-Speaking Client Group**

Date and Time: **Monday, August 10; 11 a.m.-  
12:30 p.m.**

Virtual Link: **<https://zoom.us/j/94161821463>**

Call-in Information: **929.205.6099 ID: 94161821463**

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## **Women’s Chat Group**

Date and Time: **Tuesday, August 11; 11 a.m.-  
12:30 p.m.**

Call-in Information: **605.475.4860 ID: 352206 then  
pound sign**

## ▶ Peer Support Groups - Continued

### **Men's Group**

Date and Time: **Thursday, August 13; 10-11:30 a.m.**

Call-in Information: **605.313.4802 ID: 594495 then pound sign**

## ▶ Additional Activities

### **Get Up and Move! Exercise Activities**

Date and Time: **Wednesday, August 19; 1-2:30 p.m.**

Call-in Number: **605.475.4860**

Access Code: **352206 followed by the pound sign**

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### **Crafters Corner Activity**

This is an **in-person activity** and videoconferencing also is available.

Date and Time: **Thursday, August 20; 11 a.m.-12:30 p.m.**

Location: **Lehigh Valley Campus**

Transportation: **Transportation On Your Own (TOYO)**

Virtual Link: **<https://zoom.us/j/91851158397>**

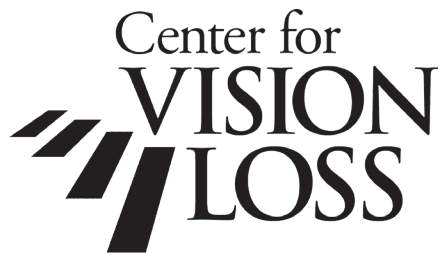
## ▶ **Additional Activities - Continued**

### **Casserole Recipe Swap**

Date and Time: **Tuesday, August 25; 1-2:30 p.m.**

Call-in Number: **605.475.4860**

Access Code: **352206 followed by the pound sign**



**FREE MATTER FOR  
THE BLIND OR  
PHYSICALLY  
HANDICAPPED  
Post Manual Part 138**

**Client Activities  
Bulletin**

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