

Monroe County

# Client Activities Bulletin

October-November-December 2018 | Volume 8, Issue 4.2

This quarterly bulletin lists **activities available for our visually impaired clients in Monroe County**. These activities are held at our Monroe County campus and locations in the community. Select activities are offered for clients of both our Monroe and Lehigh Valley campuses.



**Reservations are required for agency transportation 7 days in advance.**  
**Transportation tickets are \$3.00 each way.**

Please note the following abbreviations for transportation types. There is at least one abbreviation after each activity description.

**TA** Transportation **A**vailable from the Center for Vision Loss  
Lehigh Valley: Call 610.433.6018, Ext. 226  
Monroe County: Call 570.992.7787

**TOYO** Transportation **O**n **Y**our **O**wn  
**If someone drives you to an activity, then they may stay for the activity.**

Lehigh Valley 610.433.6018 | Monroe County 570.992.7787 | [CenterforVisionLoss.org](http://CenterforVisionLoss.org)

# What's New?

## **A Request for Escorted Transportation Clients**

Day-before and last-minute cancellations of escorted transportation rides have a huge impact on our program. Not only does it affect transportation arrangements for other clients, but in many cases, it prevents anyone else from getting a needed ride during that time. Please limit last-minute cancellations to only unavoidable situations. If you know you must cancel, please do so with as much notice as possible. Thank you for your consideration.

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## **Lehigh Valley ARTix Offered to Agency Clients**

The Lehigh Valley Arts Council has offered our clients complimentary ARTix Passports to the Arts while supplies last. This offers the holder a chance to get two tickets for the price of one at many local arts organizations in the Lehigh Valley. We will be happy to send you an ARTix Passport upon request. Please call Raquel at 610.433.6018 with your request.

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## **Low Vision Store Holiday Sale Runs November 1 to December 21**

We are holding the Lehigh Valley Vision Store's holiday sale from November 1 through December 21. This sale offers 10% off on all in-stock items, excluding electronic reading devices and special orders. The store is open during agency hours, but it is preferred that interested clients make appointments.

## **PCB Offers Clients Opportunities to Get Involved**

Clients can take part in monthly discussion calls held by the Pennsylvania Council of the Blind (PCB). Topics include your favorite smart phone apps, low vision discussions, legislation, and much more. Call 773.572.6314 for more information about these calls and other PCB activities. PCB also offers a scholarship to its state conference for a person adjusting to blindness. The scholarship covers many costs of attending the PCB Conference in Pittsburgh from October 18 to 21. A client does not have to be a PCB member to receive the scholarship. Anyone who is adjusting to vision loss and might be interested in applying for the scholarship should contact Maryanne at 570.807.1276.

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## **PCB Also Provides Accessibility to Public Documents**

The PCB established a program in 2016 to convert public documents to a more accessible recorded format. Those who are familiar with talking books produced by the National Library Service (NLS) may be familiar with the concept of the Daisy3 audio format. This format, which requires a digital player capable of playing Daisy3, allows the reader to move directly to navigation points within a book such as the table of contents, chapter headings, or sub-sections within a chapter, etc. The AccessiDocs project was founded by Center for Vision Loss client and former board member Tony Swartz.

One available document is a guide of terms, services, agencies, and support organizations that serve seniors in the Lehigh Valley area. A copy of this Daisy3 document may be obtained on thumb drive, which can be played on an NLS player, from the PCB office for the cost of \$3.00. To order or inquire about other recorded materials available through AccessiDocs, please call 717.920.9999. Agency clients are eligible to receive digital players at no cost. Please check with your caseworker if you are interested.

# Monroe County Activities

## Please Note

- If you are expecting a confirmation call about a ride, please remember to check your voice mail.
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## Support Groups

- **Topic: General Support Group.** Facilitated by James Van Horn. Join fellow clients who share similar concerns and experiences about living with vision loss.
  - **Dates:** Monday, October 1; Monday, November 5; Monday, December 3
  - **Time:** 10:00 a.m. to 11:30 a.m.
  - **Transportation:** TA
  - **Note:** The Bookmobile will be unavailable for October and November, but will be back on site at the end of the support group session in December.
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## NUVISIONS Activities

- **Topic: Halloween Party!** Wear a costume if you wish, but come mainly for the food and fun; feel free to bring food to share.
- **Dates:** Friday, October 26
- **Time:** 10:00 a.m. to 12:00 p.m.
- **Transportation:** TA

## NUVISIONS Activities – Continued

- **Topic: Diabetes and You.** Attend a presentation offering diabetes education by St. Luke’s University Health Network. The program emphasizes how this disease can affect your vision.
  - **Dates:** Friday, November 30
  - **Time:** 10:00 a.m. to 11:30 a.m.
  - **Transportation:** TA
- 

- **Topic: Emergency Preparedness.** Attend this special workshop on how to be prepared in case of an emergency.
  - **Dates:** Friday, December 28
  - **Time:** 10:00 a.m. to 11:30 a.m.
  - **Transportation:** TA
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## Lifeskills Education

- **Topic: Beginner Braille Classes.** Have you ever been interested in learning Braille? This is a four-session course, so anyone who wants to attend must commit to this series of classes. For more information, please call the Monroe office.
- **Dates:** Thursday, October 4; Tuesday, October 16; Tuesday, October 30; Wednesday, November 14
- **Time:** 10:00 a.m. to 11:30 a.m.
- **Transportation:** TA

## Lifeskills Education – Continued

- **Topic: Disc Golf.** Enjoy the sport of Disc Golf at Yetter Park, located on Stokes Mill Road in East Stroudsburg. Equipment and instructions will be provided.
  - **Date:** Friday, October 12
  - **Time:** 10:00 a.m. to 11:30 a.m.
  - **Transportation:** TA
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- **Topic: Autumn Art/Texture Painting with Dianne.** Facilitated by Dianne Michels, this fun class can release your hidden artist! Please bring \$3.00 for pizza or pack your lunch.
  - **Date:** Monday, October 15
  - **Time:** 10:30 a.m. to 12:30 p.m.
  - **Transportation:** TA
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- **Topic: Apple Picking Day.** Relax on a fall day while picking apples and pumpkins at Race Farm on Belcher Road in Blairstown, NJ. A hay wagon ride is also included. Cost is \$10.50 per person.
  - **Date:** Thursday, October 18
  - **Time:** 10:00 a.m. to 12:00 p.m.
  - **Transportation:** TA
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- **Topic: Indoor Swimming.** Bring a towel and swim in the indoor pool or enjoy the hot tub at the Shawnee Inn, 100 Shawnee Inn Drive, Shawnee on Delaware.
- **Date:** Thursday, November 1
- **Time:** 10:00 a.m. to 11:30 a.m.
- **Transportation:** TA

# Lifeskills Education – Continued

- **Topic: Farmer’s Market Thanksgiving Shopping Trip.** Come navigate your surroundings at the Allentown Farmer’s Market at the Allentown Fairgrounds, while purchasing goodies for the holiday! Please bring money for lunch and shopping. The agency will provide sighted guide volunteers. *This is a combined activity with Lehigh Valley clients.*
- **Date:** Thursday, November 15
- **Time:** 11:00 a.m. to 1:30 p.m.
- **Transportation:** TA



- **Topic: Cards and Carols.** Sing Karaoke along with Krystal while you create holiday cards. Please bring \$3.00 for pizza or pack your own lunch.
- **Date:** Tuesday, December 11
- **Time:** 10:00 a.m. to 1:00 p.m.
- **Transportation:** TA



- **Topic: Bowling Day.** Join friends for some fun at Skylanes Bowling Center, 100 Eagle Valley Mall, East Stroudsburg. Please bring money, as it costs \$4.50 per game and \$3.00 for shoes.
- **Date:** Monday, December 17
- **Time:** 1:00 p.m. to 3:00 p.m.
- **Transportation:** TA

# October 2018 Monroe County Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> <b>Support Group</b> <b>10-11:30</b>	<b>2</b>	<b>3</b>	<b>4</b> <b>Beginner Braille</b> <b>10-11:30</b>	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b> <b>Disc Golf</b> <b>10-11:30</b>	<b>13</b>
<b>14</b>	<b>15</b> <b>Autumn Art, Dianne</b> <b>10:30-12:30</b>	<b>16</b> <b>Beginner Braille</b> <b>10-11:30</b>	<b>17</b>	<b>18</b> <b>Apple Picking</b> <b>10-12</b>	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b> <b>Halloween Party!</b> <b>10-12</b>	<b>27</b>
<b>28</b>	<b>29</b>	<b>30</b> <b>Beginner Braille</b> <b>10-11:30</b>	<b>31</b>			



# November 2018 Monroe County Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> <b>Shawnee</b> <b>Swimming</b> <b>10-11:30</b>	<b>2</b>	<b>3</b>
<b>4</b>	<b>5</b> <b>Support</b> <b>Group</b> <b>10-11:30</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b> <b>Beginner</b> <b>Braille</b> <b>10-11:30</b>	<b>15</b> <b>Allentown</b> <b>Farmers</b> <b>Market</b> <b>11-1:30</b>	<b>16</b>	<b>17</b>
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b> <b>AGENCY</b> <b>CLOSED</b>	<b>23</b>	<b>24</b>
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b> <b>Diabetes</b> <b>and You</b> <b>10-11:30</b>	

# December 2018 Monroe County Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Support Group 10-11:30	4	5	6	7	8
9	10	11 Cards and Carols 10-1	12	13	14	15
16	17 Bowling Skylanes 1-3	18	19	20	21	22
23	24	25 AGENCY CLOSED	26	27	28 In Case of Emergency 10-11:30	29
30	31					

# Help Others in Monroe County Benefit from Our Services

Please complete this form and return it with your contribution to:

Annual Fund, Center for Vision Loss, 845 West Wyoming St., Allentown, PA 18103.

Please call 610.433.6018, Ext. 241, with any questions.



My/our gift is \$ \_\_\_\_\_ to support services in \_\_\_\_\_ Lehigh Valley \_\_\_\_\_ Monroe County \_\_\_\_\_ Both

Name \_\_\_\_\_ Do you want this gift to be anonymous? Yes No

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone Number \_\_\_\_\_ Email Address \_\_\_\_\_

Does your company have a matching gift program? YES NO If yes, what company \_\_\_\_\_

This gift is a tribute: \_\_\_\_\_ in honor of \_\_\_\_\_ in memory of

Name \_\_\_\_\_ Should we notify them? YES NO

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Payment \_\_\_\_\_ Check to Center for Vision Loss \_\_\_\_\_ Visa \_\_\_\_\_ MasterCard \_\_\_\_\_ AMEX \_\_\_\_\_ Discover

Name on Card \_\_\_\_\_ Today's Date \_\_\_\_\_

Card Number \_\_\_\_\_ Exp. Date \_\_\_\_\_ Security Code \_\_\_\_\_

Signature \_\_\_\_\_



**FREE MATTER FOR  
THE BLIND OR  
PHYSICALLY  
HANDICAPPED  
Post Manual Part 138**

**845 West Wyoming St.  
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