

Monroe County

Client Activities Bulletin

July-August-September 2018 | Volume 8, Issue 3.2

This quarterly bulletin lists **activities available for our visually impaired clients in Monroe County**. These activities are held at our Monroe County campus and locations in the community. Select activities are offered for clients of both our Monroe and Lehigh Valley campuses.



Reservations are required for agency transportation 7 days in advance. Transportation tickets are \$3.00 each way.

Please note the following abbreviations for transportation types. There is at least one abbreviation after each activity description.

TA Transportation Available from the Center for Vision Loss
Lehigh Valley: Call 610.433.6018, Ext. 226
Monroe County: Call 570.992.7787

TOYO Transportation On Your Own
If someone drives you to an activity, then they may stay for the activity.

Lehigh Valley 610.433.6018 | Monroe County 570.992.7787 | CenterforVisionLoss.org

What's New?

Free Tickets Available to See Comedian Josh Blue in Bethlehem

Comedian Josh Blue will perform at the Lehigh Valley Charter High School for the Arts in Bethlehem, PA, on Thursday, July 12, at 3:30 p.m. The arts council will provide approximately 15 complimentary tickets to the show. If you are interested, please call the Center for Vision Loss to add your name to the first-come-first-served event list. Josh Blue, a winner of NBC's Last Comic Standing competition, focuses much of his self-deprecating humor around the fact that he has cerebral palsy. Josh Blue's performance is part of an arts council Champions of Inclusion event that starts at 1 p.m. You may arrive earlier if you wish. The event also includes a trade fair and two breakout sessions that highlight ways to empower people with disabilities. **Transportation is on your own.** For more information, visit the Lehigh Valley Arts Council website at LVArtsCouncil.org.

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Transportation Available Through Go Go Grandparent Service

Some agency clients have benefitted from using the Go Go Grandparent service for transportation. While similar to Uber or Lyft, this service also can be used by people who do not have smart phones. For more information or to register, call 855.464.6872 or visit GoGoGrandparent.com.

New Transport Vehicle Coming Soon to Monroe County

The Center for Vision Loss' Monroe County campus will soon have a new vehicle to serve its escorted transportation clients thanks to support from ESSA Bank & Trust and the Northeast PA Lions' Service Foundation. Grants from these organizations will underwrite most of the vehicle's cost. Additional support for the new Monroe vehicle has been provided the Tannersville Lions Club and the Bushkill Smithfields Lions Club. The escorted transportation service is the agency's most popular offering for low vision clients in both the Lehigh Valley and Monroe County.

Agency Welcomes New Staff Members

- Bernadette Porter is the agency's new Development and Marketing Assistant, working at the Lehigh Valley campus.
- Cheryl Cancel is the new Transportation Coordinator for the agency's Monroe County campus.

Monroe County Activities

Please Note

- If you are expecting a confirmation call about a ride, please remember to check your voice mail.

Support Groups

- **Topic: General Support Group.** Facilitated by James Van Horn. Join fellow clients who share similar concerns and experiences about living with vision loss.
- **Dates:** Monday, July 2; Monday, Aug. 6; Monday, Sept. 10
- **Time:** 10 a.m. to 11:30 a.m.
- **Transportation:** TA
- **Note:** The Book Mobile will be on site at the end of each support group session.

Lifeskills Education

- **Topic: Basic Braille.** Have you ever been interested in learning Braille? Come to this three-part introductory class.
- **Dates:** Wednesday, July 11; Tuesday, Aug. 14; Thursday, Sept. 20
- **Time:** 10 a.m. to 11:30 a.m.
- **Transportation:** TA

Lifeskills Education – Continued

- **Topic: Blueberry Picking.** Come pick your own blueberries at the patch on Route 115 in Blakeslee, PA.
 - **Date:** Thursday, July 10
 - **Time:** 10 a.m. to 11:30 a.m.
 - **Transportation:** TA
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- **Topic: Annual Monroe Client Picnic.** White Heron Community Lake, East Stroudsburg, PA. Enjoy boating, food, swimming, friends, and fun. Please remember to bring a bathing suit and towel.
 - **RSVP:** Please call the Monroe office at 570.992.7787 to schedule what foods you would like to donate.
 - **Date:** Thursday, Aug. 16 (Rain date: Thursday, Aug. 23)
 - **Time:** 12 p.m. to 3 p.m.
 - **Transportation:** TA
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- **Topic: Swimming at Shawnee Inn.** Swim in the indoor pool or enjoy the hot tub. Please remember to bring a bathing suit and towel.
- **Date:** Thursday, July 17
- **Time:** 10 a.m. to 11:30 a.m.
- **Transportation:** TA

Lifeskills Education – Continued

- **Topic: Field Yoga with Ms. Katie.** Come learn about relaxation and meditation through Yoga.
 - **Date:** Friday, July 27
 - **Time:** 10 a.m. to 11:30 a.m.
 - **Transportation:** TA
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- **Topic: CamelBeach Water Park,** Tannersville, PA. Join us for a wet and wild day of fun. Cost is \$30 per person. Please bring money for lunch. Combined activity with Lehigh Valley clients.
 - **Date:** Tuesday, July 31
 - **Time:** 10 a.m. to 3 p.m.
 - **Transportation:** TA
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- **Topic: CPR Anytime.** Learn CPR skills, Automated External Defibrillator (AED) awareness, and choking relief. NOTE: This is not a certification course, rather a class in hands-on technique.
 - **Date:** Friday, Aug. 31
 - **Time:** 10 a.m. to 11:30 a.m.
 - **Transportation:** TA
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- **Topic: United Way Day of Caring – Shopping at the Crossing Outlets** in Tannersville, PA. United Way of Monroe County volunteers will assist you as you shop. Lunch is on your own.
- **Date:** Thursday, Sept. 6
- **Time:** 11 a.m. to 1 p.m.
- **Transportation:** TA

Lifeskills Education – Continued

- **Topic: Blue Ridge Winery Tour and Tasting** in Saylorsburg, PA. Enjoy the beautiful smells and sounds of the winery and learn how wine is made. Fees: \$5.00 for wine tasting, \$5.00 for pizza.
 - **Date:** Wednesday, Sept. 19
 - **Time:** 11 a.m. to 1 p.m.
 - **Transportation:** TA
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- **Topic: Microwave Cooking.** Learn how to use your microwave oven creatively. This class is held by invitation only. If you are interested, please call the office at 570.992.7797.
 - **Date:** Monday, Sept. 24
 - **Time:** 10:30 a.m. to 12:30 p.m.
 - **Transportation:** TA
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Enrichment Programs

- **Topic: Boat Club Picnic.** Sponsored by the Alton Park Lions Club with other District 14-K Lions and members of the Bethlehem Boat Club. Boat Club Launch at 1400 Hope Road in Easton, PA. Enjoy food, entertainment, and boat rides on the Lehigh River come rain or shine. Family members welcome. You must make reservations by July 20, even if you are coming with someone else, so we can provide a count for the Lions. Combined activity with Lehigh Valley clients.
- **Date:** Sunday, July 29
- **Time:** 1 p.m. to 5 p.m.
- **Transportation:** TA, TOYO

July 2018 Monroe County Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Support Group 10-11:30 a.m.	3	4 Holiday	5	6	7
8	9	10 Blueberry Picking 10-11:30 a.m.	11 Basic Braille 10-11:30 a.m.	12 Comedian Josh Blue 3:30 p.m.	13	14
15	16	17 Swimming Shawnee 10-11:30 a.m.	18	19	20	21
22	23	24	25	26	27 Yoga with Miss Katie 10-11:30 a.m.	28
29 Boat Club Picnic 1-5 p.m.	30	31 CamelBeach 10 a.m.- 3 p.m.				

August 2018 Monroe County Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6 Support Group 10-11:30 a.m.	7	8	9	10	11
12	13	14 Basic Braille 10-11:30 a.m.	15	16 Annual Picnic 12-3 p.m.	17	18
19	20	21	22	23 Annual Picnic (Rain Date) 12-3 p.m.	24	25
26	27	28	29	30	31 CPR Anytime 10-11:30 a.m.	

Help Others in Monroe County Benefit from Our Services

Please complete this form and return it with your contribution to:

Annual Fund, Center for Vision Loss, 845 West Wyoming St., Allentown, PA 18103.

Please call 610.433.6018, Ext. 241, with any questions.



My/our gift is \$ _____ to support services in _____ Lehigh Valley _____ Monroe County _____ Both

Name _____ Do you want this gift to be anonymous? Yes No

Address _____

City _____ State _____ Zip Code _____

Phone Number _____ Email Address _____

Does your company have a matching gift program? YES NO If yes, what company _____

This gift is a tribute: _____ in honor of _____ in memory of

Name _____ Should we notify them? YES NO

Address _____ City _____ State _____ Zip _____

Payment _____ Check to Center for Vision Loss _____ Visa _____ MasterCard _____ AMEX _____ Discover

Name on Card _____ Today's Date _____

Card Number _____ Exp. Date _____ Security Code _____

Signature _____



**845 West Wyoming St.
Allentown, PA 18103**

**FREE MATTER FOR
THE BLIND OR
PHYSICALLY
HANDICAPPED
Post Manual Part 138**

Inside: Monroe County Activities Bulletin



Find Out More

The official registration and financial information for the Center for Vision Loss, Inc., may be obtained from the Pennsylvania Department of State by calling toll-free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.

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